



## Government Bikram College of Commerce, Patiala

Activities Organized For Promotion of Gender Equity

And

Institutional Initiatives to Celebrate National and International Days



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## International Yoga Day (21-06-2023)



The NSS Department of [Government Bikram College of Commerce, Patiala](#) observed 9th international Day of yoga in Shaheed Bhagat Singh hall of the college on 21<sup>st</sup> June, 2023 to celebrate the physical and spiritual skill that yoga has brought under the guidance of college Principal Prof. (Dr.) Kusum Lata. The college students and the staff members performed different Yoga Asanas enthusiastically. The College Principal advocated to make Yoga a part of the daily routine and advised students about the benefits of observing meditation that plays an important role in relaxing the mind and body.

## National Reading Day (17-06-2023)



The National Reading Day was celebrated in Govt. Bikram College of Commerce, Patiala under the guidance of College Principal Prof. (Dr.) Kusum Lata on June 17, 2023. The program was held in Amrita Pritam Library hall. The students participated with full enthusiasm by preparing various slogans and posters related to the day. A Signature campaign was also launched on this occasion. The program was organized during the exam days but there was no lack of zeal among students. Dr. Vaneeta Rani inaugurated the program and in her speech motivated the students to read more books to gain more valuable knowledge from them.

The others staff members present at this occasion were Madam. Sukhbir Kaur, Dr. Jaspreet Kaur, Mdm. Shashi Bala, Prof. Satinder kaur, Dr. Amrinder Kaur, Prof. Kavita Garg, Prof. Jasmine Kaur and Prof. Gazal Aggarwal.

## World Environment Day (05-06-2023)



Government Bikram College of Commerce Patiala in collaboration with Municipal Corporation of Patiala organized a function on World Environment Day 5th June 2023 in Shaheed Bhagat Singh hall in the college campus. The program commenced with the lighting of the Holy Lamp by the College Principal Prof. (Dr.) Kusum Lata and other honored guests.

The Chief Guest for the program was Shri Aditya Uppal (IAS) Commissioner Municipal Corporation Patiala and Mrs Akshita Gupta (IAS) A.C, UT also graced the occasion as the Guest of Honor.

Sh. Naman Madkan (PCS) Joint Commissioner, MC Patiala also was a part of this program. The Guests planted herbal trees in the college campus.

## Women's Day celebrations (09-03-2023)



Women's Day celebrations at Government Bikram College of Commerce, Patiala  
**Kanwar Inder Singh/ March 9, 2023**

Women's Day was celebrated in Government Bikram College of Commerce Patiala on March 9, 2023 under the guidance of College Principal Prof (Dr.) Kusum Lata. The Chief Guest for the day was Dr Ritu Lehal, Director, Women Studies Cell, Punjabi University, Patiala. The focus of the program was on Personality Development traits. The Guest started the session with a very creative introductory session followed by discussion on 'The Self'.



She advocated the need of 'Self Audit' by everyone to assess different positive and negative qualities. Everyone should work hard to bring the good change in them. It was a great day of learning and exposure about Personality Development.

The day was marked special by wearing Bandhani Dupattas by the staff members highlighting their multitasking personality.

The program ended with a Vote of Thanks by Dr Apra. About 250 students and all members of the staff were present at occasion. (royalpatiala. in News)

## Basant Panchami (26-01-2023)



Basant Panchami is celebrated by Members of Rotaract club of Bikram College of Commerce Patiala along with students of Masti ki Pathshala. Mrs Satinder Kaur Walia and Mr Rajesh Panjola from Punjab Kesari group and Rtn Adish Bajaj were also present. Kites, Samosas and Chocolates were also distributed among students. Mrs Rajesh Panjola were also present and contributed 5100/ to the society. Madam RajPal Mast and Mr Pawan Goyal of Masti ki Pathshala were present.

## Republic Day (26-01-2023)



Govt Bikram College celebrated Republic day with full zeal

**Kanwar Inder Singh/ January 26, 2023**

[Government Bikram College of commerce, Patiala](#) celebrated the Republic Day in the college campus under the guidance of College Principal Prof (Dr) Kusum Lata.

The NSS program officers, teaching and non teaching faculty paid tributes to the Nation and the freedom fighters of India by unfurling and saluting the Tri-colour Flag. The college principal addressing the students advised them to respect the sacrifices made by the freedom fighters.

## Lohri Festival (13-01-2023)



The Festival of Lohri was celebrated in College Campus with great enthusiasm and enjoy by the staff and the students. The entire atmosphere of the college was absorbed in the festive spirit. The Positive vibes of Lohri filled the air with happiness. The Celebrations of the festival of joy, thrill and excitement concluded following rich tradition of distribution of sweets, groundnuts and popcorns etc.



## Program on Gender Issues (27-12-2022)



Dr. Reetu Lehal, Director, Woman studies cell, Punjabi University, Patiala advocated the need of Self audit by everyone to access different positive and negative qualities. The Program was focused on personality development traits. The program was held during the Seven Days NSS Camp.

## Punjabi Maah (01-11-2022)

सरकारी विक्रम कॉलेज ऑफ कॉमर्स  
में पंजाबी माह समारोह करवाया



पटियाला | सरकारी विक्रम कॉलेज ऑफ कॉमर्स में पंजाब पंजाबी और पंजाबियत को समर्पित पंजाबी माह जो 1 नवंबर से 30 नवंबर तक मनाया जा रहा है, के तहत कार्यक्रम का आयोजन किया गया। इसमें प्रसिद्ध साहित्यकार सुरजीत सिंह भट्टी का विशेष भाषण आयोजित किया गया। कॉलेज के प्रिंसिपल प्रोफेसर डॉ. कुसुम लता ने सभी मेहमानों का सम्मान किया। उन्होंने बताया कि कॉलेज में 8 नवंबर को पोस्टर मुकाबले, नारा लेखन और सांस्कृतिक प्रश्नोत्तरी कार्यक्रम करवाए गए थे। पोस्टर मुकाबले में रितिका लुबाना ने पहला, रूपिंदर कौर और सिमरनजीत कौर ने दूसरा व करीना ने तीसरा स्थान हासिल किया। नारा लेखन में रमनप्रीत कौर ने पहला, हरमनजोत कौर और पुनीत कौर ने दूसरा और सोनिया ने तीसरा स्थान हासिल किया। सांस्कृतिक प्रश्नोत्तरी मुकाबले में टीम बी ने पहला स्थान हासिल किया जिसमें सर्व ज्योत सिंह, हरमन सिंह, नंदन घई और मोहम्मद कैफ शामिल थे। इस समागम में सभी विजेता स्टूडेंट्स का सम्मान भी किया गया।

A program dedicated to celebrate the importance of mother tongue was organized under the direction of Language department, Patiala. Poster Making and Essay Writing Competition was held. A quiz competition was also a part of the program. The winner students were awarded by the Principal.

## Udarian-Bal Vikas Mela/ Children's Day (14-11-2022)



The NSS Unit of Govt. Bikram College of Commerce, Patiala organised a Day's visit to the Anganwadi Centres of two villages Sidhuwal and Ucha Gaon on Children's Day under the guidance of College Principal Prof. (Dr.) Kusum Lata. This Program is scheduled according to the directions received by the Dept. of Social Security and Women and Child Development, Punjab. The Dept. has decided to celebrate this children's day as International day of the children by hosting a program named Udarian-Bal vikas mela in all Anganwadi Centres of Punjab. The College NSS program officer Prof. Ram Kumar gave detailed information about the Life and Philosophy of Pandit Jawahar Lal Nehru, The first Prime Minister of India. 50 NSS volunteers from the college along with the in charges of the Anganwadi Centres organised various activities for children. The children participated in games, debate and Poetry Recitation Competitions organised by the NSS team. Head master of Anganwadi Centres Sh. Kuldeep Singh and his staff cooperated with the NSS team from the College. At end of the program, the college provided refreshment to the children of Anganwadi Centres.

## Gandhi Jayanti (02-10-2022)



Gandhi Jayanti was observed in the College by paying tributes to the leader of the nation. A Poster Making Competition was held. The students prepared Posters depicting various aspects of life and policies of Mahatma Gandhi. A pledge on observing Non-Violence was also taken.

## Shaheed-E-Azam Sardar Bhagat Singh's Jayanti (29-09-2022)



Celebration of Shaheed-E-Azam Sardar Bhagat Singh's 115th Birth Anniversary at Govt Bikram college [Kanwar Inder Singh/royalpatiala.in](http://Kanwar Inder Singh/royalpatiala.in)

A series of program to pay heartfelt tributes to The Great Revolutionary and Freedom Fighter Shaheed-E-Azam Sardar Bhagat Singh on 115th Birth Anniversary was organized with great enthusiasm at [Govt. Bikram College of Commerce, Patiala](http://Govt. Bikram College of Commerce, Patiala) under the guidance of College Principal Prof. (Dr.) Kusum Lata, according to the directions of DPI (c) Punjab. A cycle rally and 'Run for Unity' was flagged off by Angrej Kaur, Granddaughter of freedom fighter Kartar Singh Ji and Sukhjinder Kaur w/o Late Nk Harjinder Singh (Kargil War Martyr) at 07:00 AM from the college campus that followed the route as scheduled. About 250 students participated in the cycle rally. The indoor program started with the lamp lighting ceremony followed by paying floral tributes.

## World Tourism Day (27-09-2022)



Bikram Yuva Tourism Club of Govt. Bikram College of Commerce celebrated World Tourism Day      Kanwar Inder Singh/ royalpatiala.in

The Bikram Yuva Tourism Club of [Govt. Bikram College of Commerce](http://royalpatiala.in), Patiala organized a declamation contest celebrating World Tourism Day with the theme 'Rethinking Tourism' under the guidance of College Principal Prof. (Dr.) Kusum Lata. The topic for the declamation contest was 'Tourism in India'. The participants presented their views on Indian Tourism and future of Tourism industry in India. About 15 students participated in the declamation contest. Nandini Garg (B.Com-III) and Gurneet Kaur (B.Com-I) secured first position, Ramanpreet Kaur (B.Com-III) stood second and Gurnoor Kaur (B.Com-II) bagged third position.

## Teachers' Day (05-09-2022)



Teachers' Day was celebrated at Govt. Bikram College of Commerce, Patiala. The College Principal along with the staff members enjoyed the day.

## Celebrated 75th Azadi Ka Amrit Mahaotsav (15-08-2022)



Govt Bikram College celebrated 75<sup>th</sup> Azadi Ka Amrit Mahaotsav

**Kanwar Inder Singh/ royalpatiala.in**

[Govt. Bikram college of commerce, Patiala](http://Govt.Bikram.college.of.commerce.Patiala) in continuation of the programs chalked out for 'Azadi Ka Amrit Mahaotsav' organized a function on Sunday August 14, 2022.

The program started with the patriotic song 'Sare Jahan Se Acha' fulfilling the enthusiasm in the students and the staff. Principal Prof (Dr.) Kusum Lata lighted the lamp and addressed the gathering motivating them to keep the fire of patriotism burning in their hearts. The guests from the Deaf and Dumb Club were given a special honour. The importance of National flag was presented in detail by Dr. Apra and through a PPT prepared by the HEIS Dept. A special documentary on 'Challenges faced by the war widows' prepared by Women Study Center, Punjabi University, Patiala was shown on full screen to let the students know about what price the people have paid for granting us the freedom which we are enjoying today. A cultural program was organized by the students. There were various competitions on Poster Making, Slogan Writing, Essay Writing, Declamation, Best Selfie with tricolor dedicated to this special day were organized. The winners and the participants were honoured by the Principal.  
August 14, 2022



## International Youth Day (12-08-2022)



International Youth day was celebrated by Rotaract club of Govt Bikram College of Commerce, Patiala on 12 August in collaboration with Old Age Home near Village Rongla, Patiala. On this occasion, 7 members of the club visited the old age home. Club members expressed their gratitude towards elders by giving fruits and other packed eatables to the elders. Rotarian Rajiv Goyal not only visited the organisation but gave invaluable contribution towards making this event a success.

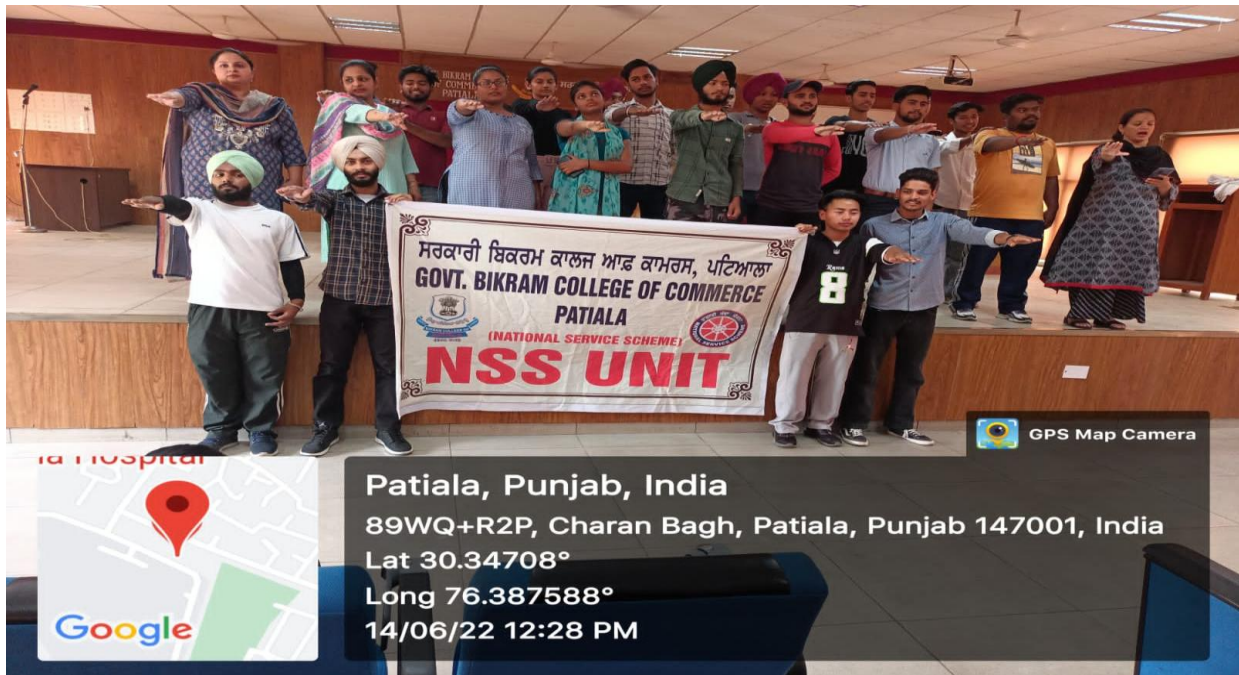
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## International Yoga Day (21-06-2022)



8<sup>th</sup> International Yoga day was celebrated at Govt. Bikram College of Commerce, Patiala under the able guidance of the college Principal Prof. (Dr.) Kusum Lata. The day was also devoted to an activity related to the Blood Month. The Chief Guest Dr. Parminder Singh, Deputy DPI, Colleges, Punjab and the Guest of Honor Dr. Ashwani Kumar Bhalla, Assistant DPI, Colleges, Punjab honored the day by initially releasing the balloons. The honored Guest blessed the students and congratulated them to be a part of this premier commerce institute. The program was organized by the NSS Dept. the students of NSS Unit participated in the Yoga session. The program ended with the plantation of jasmine flower plants by the honored guests. The college Principal and the faculty members received appreciation for making Govt. Bikram College of Commerce, Patiala a reputed commerce institute of Punjab. The others present on this occasion were the members of staff and social worker Mr. Jatwinder Singh Grewal with his team.

## World Blood Donor Day (14-06-2022)



Today on 14th June 2022 on World Blood Donor Day, an effort was made focusing on the theme of the day -Donating Blood Is An Act Of Solidarity .Join the effort and save lives, to motivate the students to donate blood regularly and voluntarily. An oath ceremony was held both in off line and on line mode. The Class tutors shared the site in their respective class groups for registering on e-Raktkosh. The students of the NSS unit were present in the college for the oath taking ceremony. The staff members present during the oath ceremony were Dr Jyoti (NSS Incharge), Dr Jaspreet kaur, Mdm Gazal and Mdm Ramanpreet Kaur.

## World Red Cross Day (13-06-2022)



Red Cross Unit of Govt. Bikram College of Commerce organized lecture on Ayurveda Kanwar Inder Singh/ royalpatiala.in

The Red Cross Unit of [Govt. Bikram College of Commerce](http://Govt. Bikram College of Commerce), Patiala under the guidance of Principal, Prof. (Dr.) Kusum Lata organized a lecture on Ayurveda – a brief introduction and Ayurvedic lifestyles. The lecture was delivered by Dr. Navgeet Kaur, owner and MD of Navgeet Clinic & Maternity Home and Dirghayer Ayurvedic hospital and Panchkarma Centre, Patiala. The guest shared valuable information about Ayurveda and its role in life.

She advocated following Ayurvedic lifestyle. After the lecture the Doctor checked up the staff members and the students and advised them to follow certain changes in their eating habits. The lecture was organized in Multipurpose Hall of the college. It was attended by about 250 students.

Dr. Tarandeep Kaur, Incharge Red Cross Unit, Dr. Sukhbir Kaur, Dr. Jyoti Thirthani, Dr. Reetu Kapoor, Dr. Rajni Bala and other members of staff were present.

June 13, 2022

## The World Red Cross Day (08-05-2022)



The World Red Cross Day was observed in Govt. Bikram College of Commerce, Patiala under the able guidance of Principal Prof. (Dr.) KusumLata, Sh. Kaka Ram ji Verma, a renowned social worker gave valuable information to the students about the history and objectives of Red Cross. Smt. Parminder Kaur Project Director Drug-Deaddiction Center Saket Hospital Patiala, S. Upkar Singh President Gian Jyoti educational society Patiala, Smt. Parvinder Kaur and S. Amritpal Singh Counsellors Saket Hospital Patiala also addressed the students. About 140 students participated in the program and the students were given practical demonstration of treating patients with First Aid, which can be very helpful in saving precious lives. The others present were Dr. Tarandeep Kaur, incharge Red Cross Unit, Dr. Paramjit Kaur, Dr. Jyoti Tirthani, Dr. Amrinder Kaur and other staff members.

## World Earth Day (22-04-2022)



Eco Club and Red Ribbon Club of Govt. Bikram College of Commerce, Patiala celebrated World Earth Day on 22/04/2022. Assistant Professor Dr. Tarandeep Kaur, Department of Commerce, was the main speaker. She talked about the importance of environment and ecological system for earth, and also shared valuable information regarding the impact of global warming on our daily life. Total 55 students and other 2 faculty members attended this lecture. Students also made poster and slogan writing to celebrate Earth Day.

## Ambedkar Jayanti (13-04-2022)



Celebration of Ambedkar Jayanti on 13 Apr, 2022. The Staff Members Paid Floral Tributes to Dr. Bheem Rao Ambedkar.

## International Women Day (10-03-2022)



International Women Day was celebrated by spreading Awareness about Hygiene during Menstruation Period. The Students distributed Sanitary Pads in the slum areas.



## National Voter Day (25-01-2022)



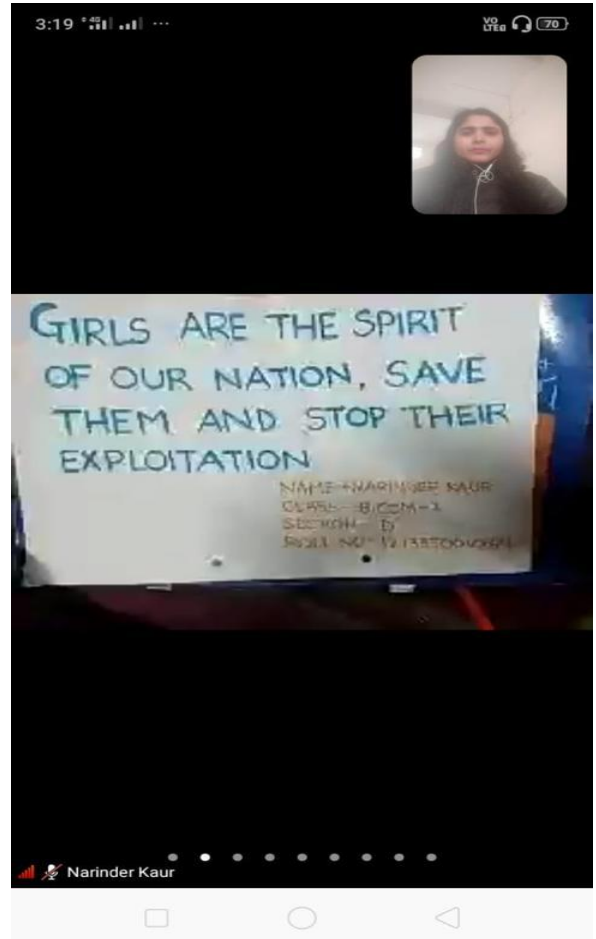
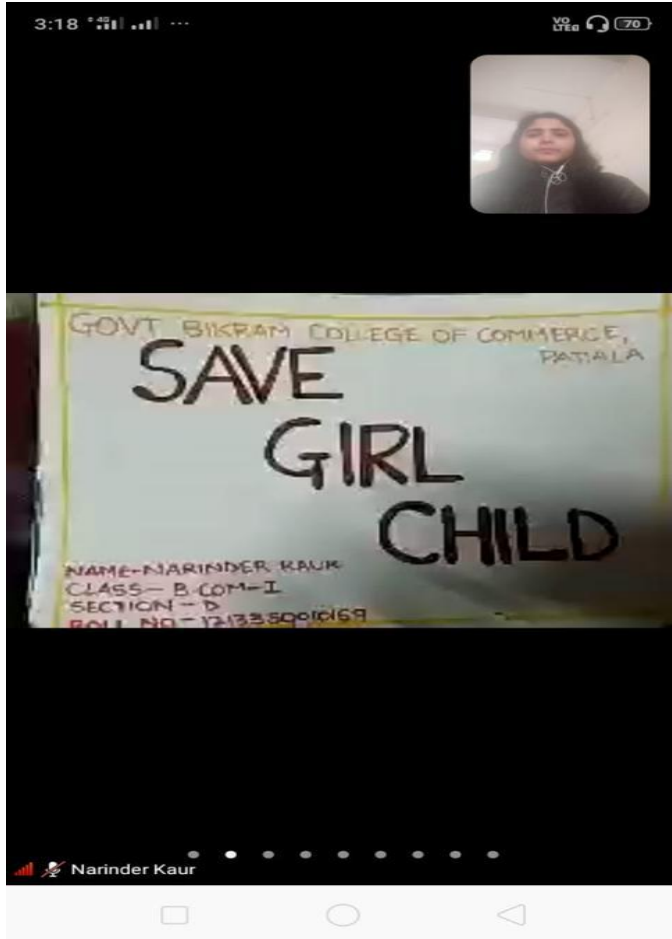
NSS Cell and Red Ribbon Club of Govt. Bikram College of Commerce, Patiala celebrated National Voter Day on 25/01/2022. College organized Oath ceremony on National Voter Day. In Oath ceremony around 200 students had participated and they took oath to cast their vote without any bias and they will not cast their vote under any influence. Poster Making Competition was held.

## National Constitution Day (26-11-2021)



NSS Cell and Red Ribbon Club of Govt. Bikram College of Commerce, Patiala celebrated national constitutional day on 26/11/2021. On this event a quiz competition among the house students were conducted by NSS Cell on the topic of constitutional rights of an Indian citizen and also Oath ceremony were hold to took pledge to follow Indian Constitution. Total 50 students and 3 NSS Program officers and college teachers participated in this event.

## National Girl Child Day (24-01-2021)



National Girl Child Day was observed by organizing an online poster making competition on 24 Jan, 2021.

## National Education Day (11-11-2020)



The Internal Quality Assurance Cell of Govt. Bikram College of Commerce, Patiala organized a Lecture on National Education Day, under the guidance of College Principal Prof. (Dr.) Kusum Lata on 11<sup>th</sup> Nov, 2020 by online mode. Dr. Apra derived a lecture on the topic of 'Emotional Intelligence- Key to success'. She addressed the students on various aspects of Emotional Intelligence. She helped students understanding different types of positive and negative emotions with the help of examples. She explained that Emotional Intelligence can be gained by understanding self on personal skills. The program ended by responding to some brilliant questions from students. It was a very exciting, informative and motivating session for the students.